

## Clute Lunch Menu 2009 – 2010

### Cycle 1

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets – FD Breaded Beef Steak Baked Breaded Chicken Mashed Potatoes Steamed Zucchini Squash Garden Salad 3 Chilled Fruits 2 Fresh Fruits Roll	Hot & Spicy Chicken Bites – FD Reg. Chicken Bites – FD Chicken Spaghetti Mashed Potatoes Green Beans Carrots Crisps 3 Chilled Fruits 2 Fresh Fruits Garlic Breadstick	Chicken Rings Chicken Drumsticks Spicy Popcorn Chicken – Tyson Pinto Beans Macaroni and Cheese Garden Salad 3 Chilled Fruits 2 Fresh Fruits Roll	Popcorn Chicken – Tyson Baked Potato w/ cheese (2 oz) Egg Roll Wild Rice Steamed Broccoli Cucumbers w/Dip 3 Chilled Fruits 2 Fresh Fruits Garlic Breadstick	Shrimp Poppers Spicy Chicken Nuggets – FD Roasted Chicken Hash Brown Potato Stick Green Peas Fresh Veggie Chilled Strawberries Chilled Pears Fresh Banana Frozen Fruit Sherbert Roll
Hamburger Cheeseburger Chicken Sandwich BBQ on a Bun Ranch Style Beans Oven Baked Fries Burger Salad / Sliced Pickles 3 Chilled Fruits 2 Fresh Fruits	Hamburger Cheeseburger Rib Sandwich Mini Corn Dogs Green Beans Carrots Crisps Burger Salad / Sliced Pickles 3 Chilled Fruits 2 Fresh Fruits	Hamburger Cheeseburger Chicken Sandwich Sausage Link on a Bun Pinto Beans Oven Baked Fries Burger Salad / Sliced Pickles 3 Chilled Fruits 2 Fresh Fruits	Hamburger Cheeseburger Spicy Chicken Sandwich Pull Pork Sandwich Corn Whole Pickle Burger Salad / Sliced Pickles 3 Chilled Fruits 2 Fresh Fruits	Hamburger Cheeseburger Chicken Sandwich Toasted Grill Cheese Sandwich Hash Brown Potato Stick Fresh Veggie Burger Salad / Sliced Pickles Chilled Strawberries Chilled Pears Fresh Banana Frozen Fruit Sherbert
Beefy Nachos / Soft Taco Chicken Fajitas Carne Guisada Pinto Beans White Rice Fiesta Salad / Carrots Crisps Jalapenos / Salsa 3 Chilled Fruits 2 Fresh Fruits	Alpha Pepperoni Pizza Alpha Cheese Pizza Chicken Spaghetti w/ Garlic Breadstick Green Beans Carrots Crisps 3 Chilled Fruits 2 Fresh Fruits	Beefy Nachos / Soft Taco Pork Gordita Pinto Beans White Rice Fiesta Salad / Carrots Crisps Jalapenos / Salsa 3 Chilled Fruits 2 Fresh Fruits	Personal Pan Pepperoni Pizza Personal Pan Cheese Pizza Baked Penne Pasta Marina w/ Garlic Breadstick French Bread Pizza Steamed Broccoli Cucumbers w/Dip 3 Chilled Fruits 2 Fresh Fruits	Beefy Nachos / Soft Taco Burrito or Burrito with Chili And/or Cheese Bean & Cheese Chalupa Spanish Rice Corn Fiesta Salad / Fresh Veggie Jalapenos / Salsa Chilled Strawberries Chilled Pears Fresh Banana Frozen Fruit Sherbert

### Clute Cycle 2

Monday	Tuesday	Wednesday	Thursday	Friday
Steak Fingers Chicken Nuggets – FD Chicken & Dumplings Mashed Potatoes Green Beans Garden Salad 3 Chilled Fruits 2 Fresh Fruits Roll	Hot & Spicy Chicken Bites – FD Reg. Chicken Bites – FD Baked Breaded Chicken Corn Mashed Potatoes Fresh Veggie 3 Chilled Fruits 2 Fresh Fruits Garlic Breadstick	Turkey Roast over Rice Chicken Rings Spicy Popcorn Chicken Sweet Potato Steamed Broccoli w/ parmesan Cheese Garden Salad 3 Chilled Fruits 2 Fresh Fruits Roll	Popcorn Chicken BBQ Chicken Breaded Beef Steak Pinto Beans Mashed Potatoes Garden Salad 3 Chilled Fruits 2 Fresh Fruits Roll	Baja Fish Sticks w/ Hushpuppie Spicy Chicken Nuggets – FD Beef Tips w/ Rice Teriyaki Meatballs w/ Rice Mashed Potatoes Italian Green Beans Fresh Veggie Chilled Cherries Chilled Pears Fresh Banana 100% Minute Maid Frozen Fruit Roll
Hamburger Cheeseburger Chicken Sandwich Hot Dog or Hot Dog with Chili And /or Cheese Oven Baked Fries Green Beans Burger Salads / Sliced Pickles 3 Chilled Fruits 2 Fresh Fruits	Hamburger Cheeseburger Rib Sandwich Beef Steak Sandwich Corn on the Cob Burger Salads / Sliced Pickles Fresh Veggie 3 Chilled Fruits 2 Fresh Fruits	Hamburger Cheeseburger Chicken Sandwich Corn Dog Oven Baked Fries Burger Salads / Sliced Pickles 3 Chilled Fruits 2 Fresh Fruits	Hamburger Cheeseburger Spicy Chicken Sandwich Grilled Chicken Breast Sandwich Pinto Beans Burger Salads / Sliced Pickles 3 Chilled Fruits 2 Fresh Fruits	Hamburger Cheeseburger Chicken Sandwich Shrimp PoBoy Potato Sticks Burger Salads / Sliced Pickles Fresh Veggie Chilled Cherries Chilled Pears Fresh Banana 100% Minute Maid Frozen Fruit
Beefy Nachos / Soft Taco Chicken Fajitas Carne Guisada Pinto Beans White Rice Fiesta Salad / Baby Carrots Jalapenos / Salsa 3 Chilled Fruits 2 Fresh Fruits	Alpha Pepperoni Pizza Alpha Cheese Pizza Lasagna Roll w/ Garlic Breadstick Corn on the Cob Fresh Veggie 3 Chilled Fruits 2 Fresh Fruits	Beefy Nachos / Soft Taco Cheese Enchiladas Chicken Fajita Gordita Refried Beans Spanish Rice Fiesta Salad / Baby Carrots Jalapenos / Salsa 3 Chilled Fruits 2 Fresh Fruits	Personal Pan Pepperoni Pizza Personal Pan Cheese Pizza Macaroni and Cheese Bosco Jalapeno Cheese Stick Pinto Beans Garden Salad 3 Chilled Fruits 2 Fresh Fruits	Beefy Nachos / Soft Taco Burrito or Burrito with Chili And/or Cheese Fish Taco Corn Spanish Rice Fiesta Salad / Fresh Veggie Jalapenos / Salsa Chilled Cherries Chilled Pears Fresh Banana 100% Minute Maid Frozen Fruit