

Lanier Lunch Menu
2009 – 2010

Week of: Aug. 24-28, Sept. 8-11, Sept 21-25, Oct. 5-9, Oct. 19-23, Nov. 2-6, Nov. 16-20, Nov. 30- Dec. 4, Dec. 14-18, Jan. 11-14, Jan. 25-29, Feb. 8-12, Feb. 22-26, Mar. 8-12, Mar. 29- Apr. 1, Apr. 12-16, Apr. 26-30, May 10-14, May 24-28

Cycle 1	Monday	Tuesday	Wednesday	Thursday	Friday
Popular Combos	Chicken Nuggets or Baked Country Fried Steak or Hamburger or Cheeseburger or BBQ on a Bun Choose any 3 Fruits or Vegt. Mashed Potatoes Steamed Zucchini Squash Garden Salad Burger Salad Sliced Pickles 3 Chilled Fruits 2 Fresh Fruits	Hot & Spicy Chicken Bites or Chicken Bites or Chicken Spaghetti or Spicy Chicken Sandwich or Mini Corn Dogs Choose any 3 Fruits or Vegt. Green Beans Carrot Crisps Sliced Pickles 3 Chilled Fruits 2 Fresh Fruits Garlic Breadstick	Chicken Rings or Chicken Drumsticks or Spicy Popcorn Chicken or Hamburger or Cheeseburger or Sausage Link on a Bun Macaroni & Cheese Choose any 3 Fruits or Vegt. Pinto Beans Garden Salad Burger Salad Sliced Pickles 3 Chilled Fruits 2 Fresh Fruits	Popcorn Chicken or Roasted Chicken or Egg Roll or Chicken Sandwich or Pulled Pork Sandwich Wild Rice Choose any 3 Fruits or Vegt. Steamed Broccoli Corn Fresh Cucumbers Garden Salad 3 Chilled Fruits 2 Fresh Fruits Roll	Shrimp Poppers or Spicy Chicken Nuggets or Breaded Chicken or Hamburger or Cheeseburger or Grilled Cheese Sandwich Choose any 3 Fruits or Vegt. Hash Brown Potato Green Peas Fresh Veggies Burger Salad Sliced Pickles Chilled Strawberries Chilled Pears Fresh Banana Frozen Fruit Sherbert
Themed Favorites	Beefy Nachos or Soft Taco or Chicken Fajita or Pork Gordita Spanish Rice Choose any 3 Fruits or Vegt. Refried Beans Fiesta Salad Jalapenos / Salsa 3 Chilled Fruits 2 Fresh Fruits	Pepperoni Pizza Slice or Cheese Pizza Slice or Chicken Alfredo Penne Pasta with or without Garlic Breadstick Choose any 3 Fruits or Vegt. Green Beans Carrot Crisps Garden Salad 3 Chilled Fruits 2 Fresh Fruits	Beefy Nachos or Soft Taco or Chicken Quesadilla White Rice Choose any 3 Fruits or Vegt. Fiesta Salad Pinto Beans Jalapenos / Salsa 3 Chilled Fruits 2 Fresh Fruits	Personal Pan Pepperoni Pizza or Garlic Cheese Flat Bread or Baked Penne Pasta with Meat Sauce with or without Hot Roll Choose any 3 Fruits or Vegt. Italian Green Beans Fresh Cucumbers Garden Salad 3 Chilled Fruits 2 Fresh Fruits	Beefy Nachos or Soft Taco or Burrito with or without Chili and/or cheese or Bean & Cheese Chalupa Spanish Rice Choose any 3 Fruits or Vegt. Corn Fresh Veggies Fiesta Salad Jalapenos / Salsa Chilled Strawberries Chilled Pears Fresh Banana Frozen Fruit Sherbert

Lanier Middle School

Week of: Aug. 31- Sept. 4, Sept. 14-18, Sept. 28- Oct. 2, Oct. 13-16, Oct. 26-30, Nov. 9-13, Nov. 23-24, Dec. 7-11, Jan. 4-8, Jan. 18-22, Feb. 1-5, Feb. 16-19, Mar. 1-5, Mar. 22-26, Apr. 5-9, Apr. 19-23, May 3-7, May 17-21, June 1-2

Cycle 2	Monday	Tuesday	Wednesday	Thursday	Friday
Popular Combos	Chicken Nuggets or Chicken & Dumplings or Hamburger or Cheeseburger or Hot Dog with or without Chili and/or Cheese Choose any 3 Fruits or Vegt. Green Beans Mashed Potatoes Fresh Baby Carrots Burger Salad Pickle Slices 3 Chilled Fruits 2 Fresh Fruits	Hot & Spicy Chicken Bites or Chicken Bites or Baked Breaded Chicken or Spicy Chicken Sandwich or Baked Country Fried Steak Sandwich Choose any 3 Fruits or Vegt. Corn on a Cob Mashed Potatoes Fresh Veggies Pickle Slices 3 Chilled Fruits 2 Fresh Fruits Garlic Breadstick	Turkey Roast over Rice or Chicken Rings or Spicy Popcorn Chicken or Hamburger or Cheeseburger or Rib Sandwich Choose any 3 Fruits or Vegt. Sweet Potato Steamed Broccoli w/ Parmesan Cheese Garden Salad Burger Salad Pickle Slices 3 Chilled Fruits 2 Fresh Fruits Roll	Popcorn Chicken or BBQ Chicken or Baked Country Fried Steak or Chicken Sandwich or Corn Dog Choose any 3 Fruits or Vegt. Pinto Beans Mashed Potatoes Garden Salad Whole Pickle Fresh Baby Carrots 3 Chilled Fruits 2 Fresh Fruits Roll	Baja Fish w/ Hushpuppie or Spicy Chicken Nuggets or Beef Tips with Rice or Hamburger or Cheeseburger or Shrimp PoBoy Choose any 3 Fruits or Vegt. Tator Tots Corn Fresh Veggies Burger Salad Pickle Slices Chilled Cherries Chilled Pears Fresh Banana Minute Maid Frozen Fruit Bar
Themed Favorites	Beefy Nachos or Soft Taco or Chicken Fajita White Rice Choose any 3 Fruits or Vegt. Pinto Beans Fiesta Salad Jalapenos / Salsa Fresh Baby Carrots 3 Chilled Fruits 2 Fresh Fruits	Pepperoni Pizza Slice or Cheese Pizza Slice or French Bread Pizza Lasagna Roll Up with or without Garlic Breadstick Choose any 3 Fruits or Vegt. Corn on a Cob Garden Salad Fresh Veggies 3 Chilled Fruits 2 Fresh Fruits	Beefy Nachos or Soft Taco or Cheese Enchiladas Spanish Rice Choose any 3 Fruits or Vegt. Refried Beans Fiesta Salad Jalapenos / Salsa Baby Carrots 3 Chilled Fruits 2 Fresh Fruits	Pepperoni Pan Pizza or Cheese Pan Pizza or Macaroni & Cheese or Bosco Jalapeno Cheese Sticks Choose any 3 Fruits or Vegt. Pinto Beans Garden Salad Fresh Veggies 3 Chilled Fruits 2 Fresh Fruits	Beefy Nachos or Soft Taco or Burrito with or without Chili and/or Cheese or Beef Tips Spanish Rice Choose any 3 Fruits or Vegt. Corn, Fiesta Salad Jalapenos / Salsa Fresh Baby Carrots Chilled Cherries Chilled Pears Fresh Banana Minute Maid Frozen Fruit Bar